



Child safe policy – West Footscray Roosters Junior Football Club

Statement of our commitment to child safety.

The West Footscray Roosters Junior Football Club is committed to the safety and wellbeing of children and young people who participate in our West Footscray Roosters Junior Football Clubs activities or use our services.

We support the rights of the child and will act at all times to ensure that a child safe environment is maintained. We also support the rights and wellbeing of our members and volunteers and encourage their active participation in building and maintaining a secure and safe environment for all participants.

The West Footscray Roosters Junior Football Club acknowledges the valuable contribution made by our volunteers and we encourage their active participating in providing a safe, fair and inclusive environment for all participants.

We want children to be safe, happy and empowered.

We support and respect all children, as well as our staff and volunteers.

We are committed to the safety, participation and empowerment of all children.

We have zero tolerance of child abuse, and all allegations and safety concerns will be treated very seriously and consistently with our robust policies and procedures.

We have legal and moral obligations to contact authorities when we are worried about a child's safety, which we follow rigorously.

The West Footscray Roosters Junior Football Club has recruitment practices to reduce the risk of child abuse by new and existing volunteers.

The West Footscray Roosters Junior Football Club committed to regularly training and educating our members, coaches, managers and volunteers on child abuse risks.

We are committed to the cultural safety of Aboriginal children, the cultural safety of children from culturally and/or linguistically diverse backgrounds, and to providing a safe environment for children with a disability.

We have specific policies and procedures in place that support our committee members and volunteers to achieve these commitments.

If you believe a child is at immediate risk, phone 000.

Support

The West Footscray Roosters Junior Football Club is committed to maintaining the well-being of our players and the wider club community. We encourage anyone going through a difficult time to speak up and seek support.

The links below may also assist anyone who may be suffering from anxiety, depression or other mental health issues.

Support Services

Beyond Blue provides information and support to help everyone achieve their best possible mental health, whatever their age and wherever they live. Their web address is www.beyondblue.org.au

Headspace Sunshine Aimed at younger people – includes information on mental health and well-being, alcohol and drugs, work and study. Online resources and links to local centres. <https://headspace.org.au/headspace-centres/sunshine/>

Sane Australia: Safe, anonymous mental health discussion, moderated 24/7 by mental health professionals. www.sane.org

Gamblers Help Western. For assistance with problem gambling, youth services and assistance for family members of gamblers. <https://www.ipchealth.com.au/gamblers-help-west>

Emergency Help

If you are in an emergency or need immediate assistance, contact mental health services or emergency services call 000.

Support Numbers:

Lifeline' 13 11 14 www.lifeline.org.au

Kids Helpline 1800 55 1800 www.kidshelp.com.au

Beyond Blue 1300 22 46 36 www.beyondblue.org.au

Treatment

Your local GP – can refer for up to ten sessions with a psychologist per year, with a Medicare rebate. Ask for a mental health plan and referral to a local psychologist.

Australian Psychological Society Find a Psychologist – www.psychology.org.au/FindAPsychologist. You can search in terms of suburb, presenting problem and age range.

Relationships Australia – www.relationships.org.au. Provide information and advice on couple issues, crisis information and relationship counselling.

Mensline - MensLine Australia is a telephone and online counselling service for men with family and relationship concerns. They are available 24/7 and can be contacted on 1300 789978 or www.mensline.org.au

Community Resources

Maribyrnong City Council – www.maribyrnong.vic.gov.au

Information on Neighbourhood Houses and Community Centres – a range of activities which include drop in coffee and chat, walking groups, wellness activity groups and learning new skills.

Parents without partners Victoria: www.pwpvic.com.

To connect with other single parents and get involved in local events